



**The Juniata College Counseling Center, which is located on the second floor of the Health & Wellness Center, provides 10 sessions each year to students who need to be seen for supportive counseling to remove barriers to learning. Those barriers may include: anxiety, depression, relationship issues, eating disorders, etc.**

**The Counseling Center is staffed by 2 full-time counselors; 1 full-time counselor/health educator; MSW interns and Juniata College interns (Juniata College students do not do direct counseling, they only help with campus wide programs) And a consulting psychiatrist (5 hours a week). Students who wish to see the psychiatrist for medication issues MUST also be seen by one of the counselors in the Counseling Center.**

**Health & Wellness Center Counseling Hours of Operation are Monday through Friday 8:30 a.m. to 4:00 p.m. and Monday evenings. Sessions are by appointment only, students can make an appointment by calling, e-mailing or stopping by the Health & Wellness Center.**

**Our records are separate from your student's college record, we do not share information with any other office or person on campus (unless by specific written request from the student).**

**We have a link with JC Blair Hospital Mental Health Inpatient (if needed). There is a nice collaboration of providers in the area. We can help your student connect with a local provider if more intensive treatment is needed for your student than we can provide at the center.**

**We provide outreach to our students. We conduct various mental health screenings during the year, information booths, seminars, and other campus wide community activities. We are visible on campus all through the year – our students get to know us on all different levels.**

**Encourage students to be aware of signs and symptoms of mental health issues in their friends and peers, and to engage trusted resources to help others get the help they need.**

**If your student is currently under treatment for emotional and/or psychological issues, encourage them to contact us to set up an appointment as soon as possible after arriving on campus. Also, if your student is on medication, make sure he or she has enough to last until they can see the psychiatrist here.**

## **Campus Resources:**

Academic Advisor

Resident Directors/Resident Advisors

Campus Ministries

## **Health & Wellness Center:**

Health Care and Counseling Services

Coaching Staff

Academic Support Services

Dean of Student's Office

Career and Community Services

Office of Diversity & Inclusion

## **Local Resources:**

Alcoholics Anonymous 643-0623

Huntingdon Counseling & Psychiatric Services 643-6300

Huntingdon House 643-1190  
(24-hour hotline for domestic violence and sexual assault)

Mainstream Counseling 643-1114

Tri-County Crisis Hotline 1-800-929-9583

UCBH Huntingdon 814-643-0309

**For more information, visit our website**

**[juniata.edu/services/health/counseling/](http://juniata.edu/services/health/counseling/)**

**We have links, resources, screenings and tips for a successful transition to college life!**